In response to the comments by Reviewer#3 we have introduced several changes in the revised text that can be seen in the copy of the text with tracked changes.

The most important modification is new Figure 3 which shows the energisation capacity of waves decomposed into separate frequency channels.

In addition, we have modified text in response to comments made by Reviewer#2. The modified text addresses points made by Reviewer#2 at points
R1/A1
R4/A5
R9/A9
R10/A10
R11/A11
The changes can be seen in the copy with tracked changes.