Month	Average onset (h)	Average onset difference from September (min)
September October November December January February	$20:18 \pm 0:08$ $20:07 \pm 0:07$ $20:06 \pm 0:06$ $20:26 \pm 0:12$ $20:41 \pm 0:19$ $20:56 \pm 0:32$	-10.37 -10.82 9.84 25.95 39.66 (25.88)
March	$20:30 \pm 0:11$	11.65